

Bridging Boundaries

EMPOWERING SRHE THROUGH KAFETEEN PEER EDUCATORS

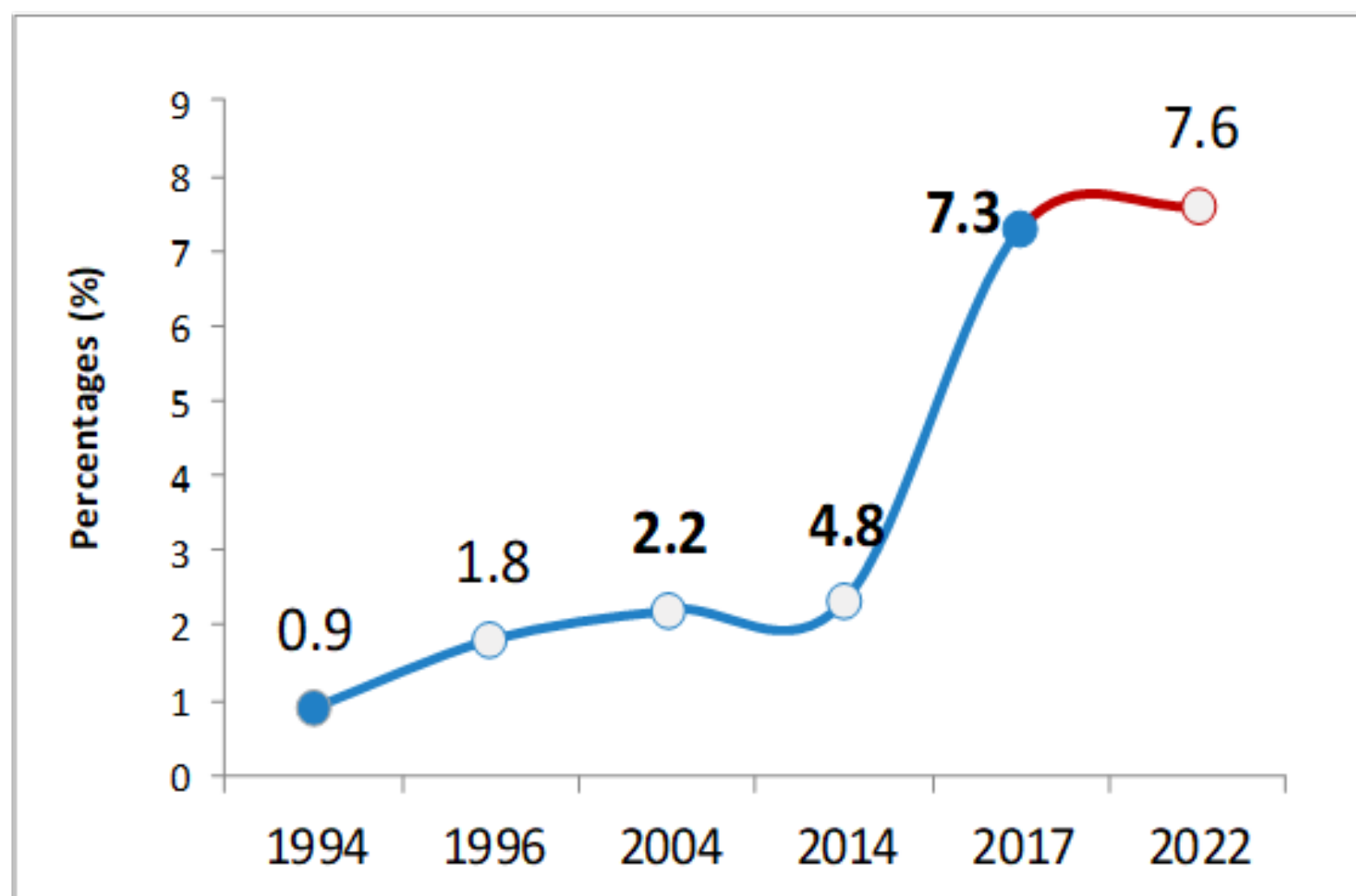
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NPFDB Malaysia



01 - BACKGROUND

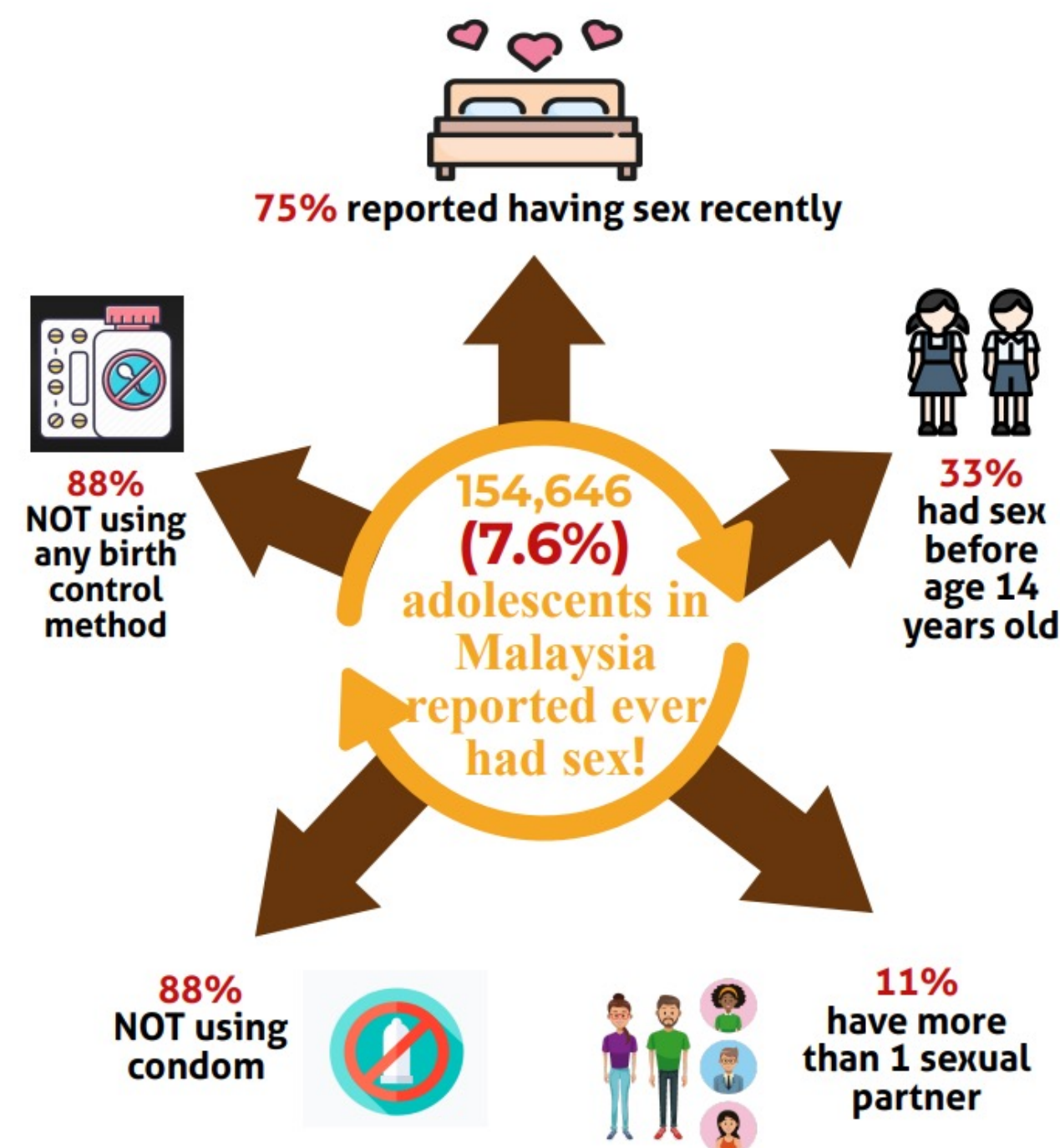
In 2023, it is estimated 8.4 million of Malaysia population consists of **Young People** age 10 to 24 years old, which accounts for 25% of the country's total population of 33.3 million.

Issue: Increase in sexual activity prevalence among youth.



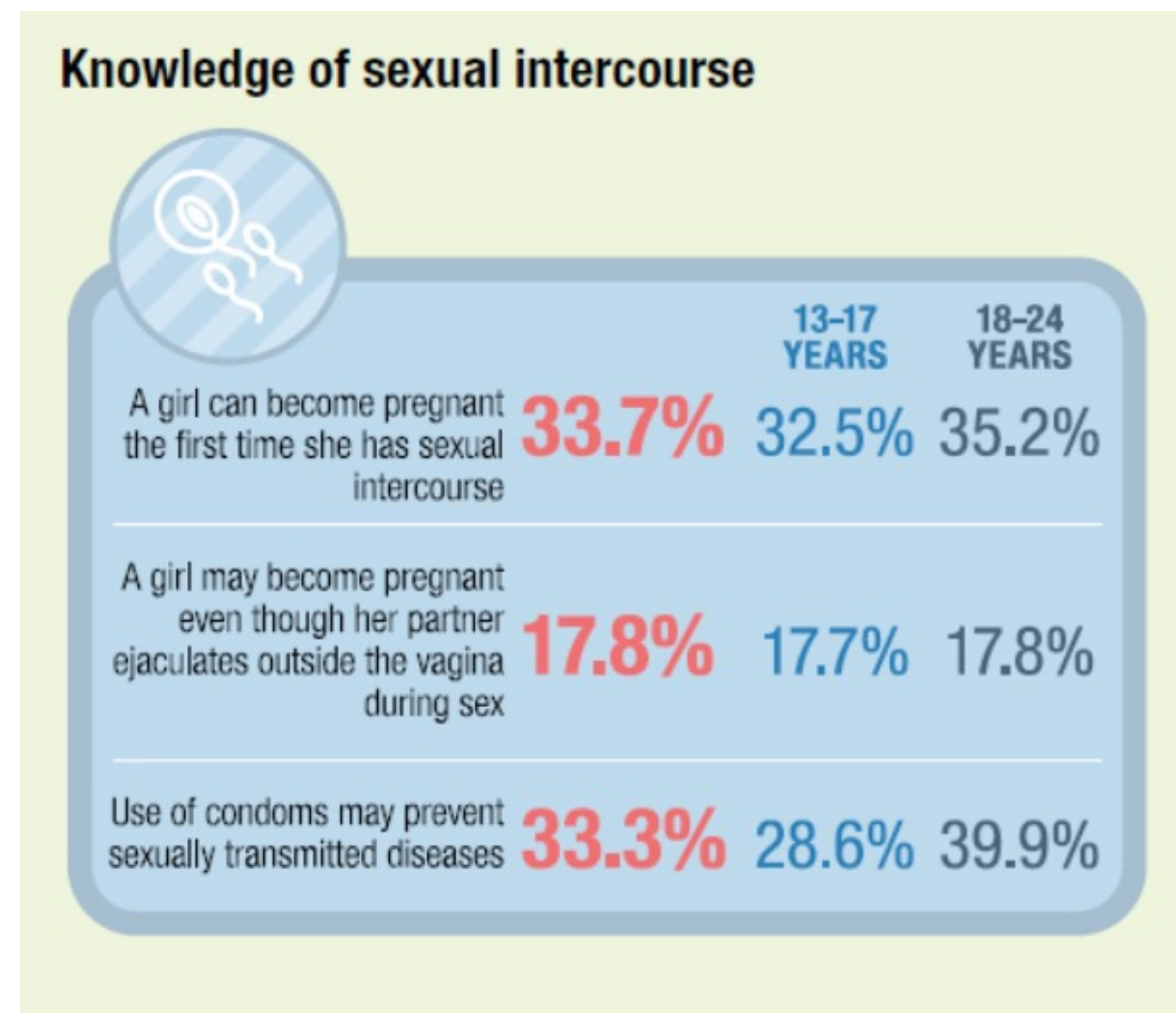
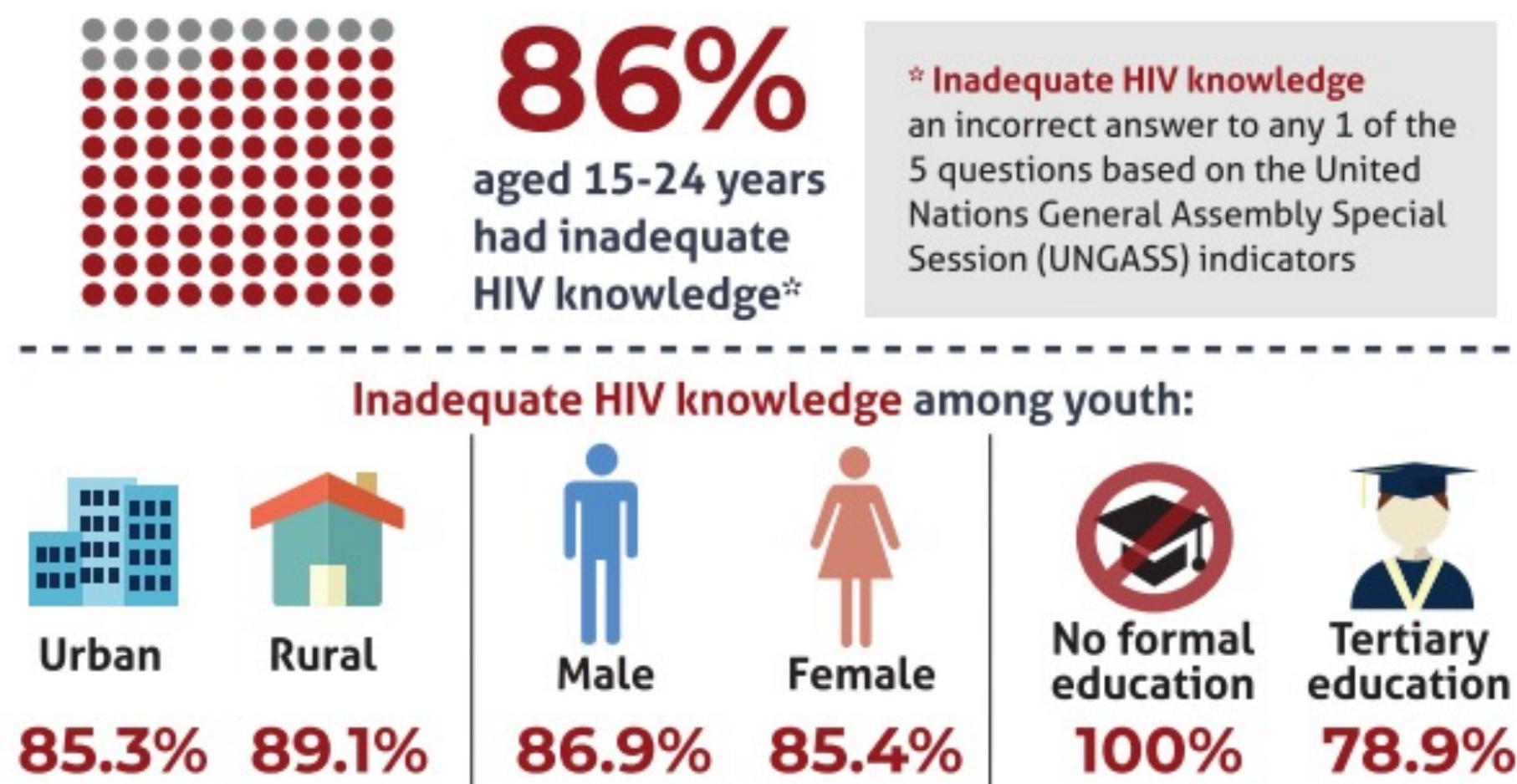
Prevalence of premarital sexual activity among youth in Malaysia, 1994 - 2022

Issue: High risk practice among youth who engaged in sexual activity.



01 - BACKGROUND

- SRHE knowledge is KNOWN to be one of protective factors in preventing youth from engaging in high risk sexual activity.
- However, knowledge of Malaysian youth regarding SRH and HIV prevention is still lacking.



INTRODUCTION TO KAFETEEN YOUTH CENTRE PROGRAM



02 - PROGRAM BRIEF

KafeTEEN Youth Centre Program is one of NPFDB initiative to lead SRH education dissemination for youth in Malaysia.

KafeTEEN Objectives:

The objective KafeTEEN Youth Center establishment is to be a leading center for dissemination of SRHE to young people in Malaysia through the use of cultural and religious adaptable SRH Modules

KafeTEEN Youth Center actively carry out SRHE dissemination programs through 3 main components:



1 Education and skills development program at the center itself and through outreach/ mobile programs.



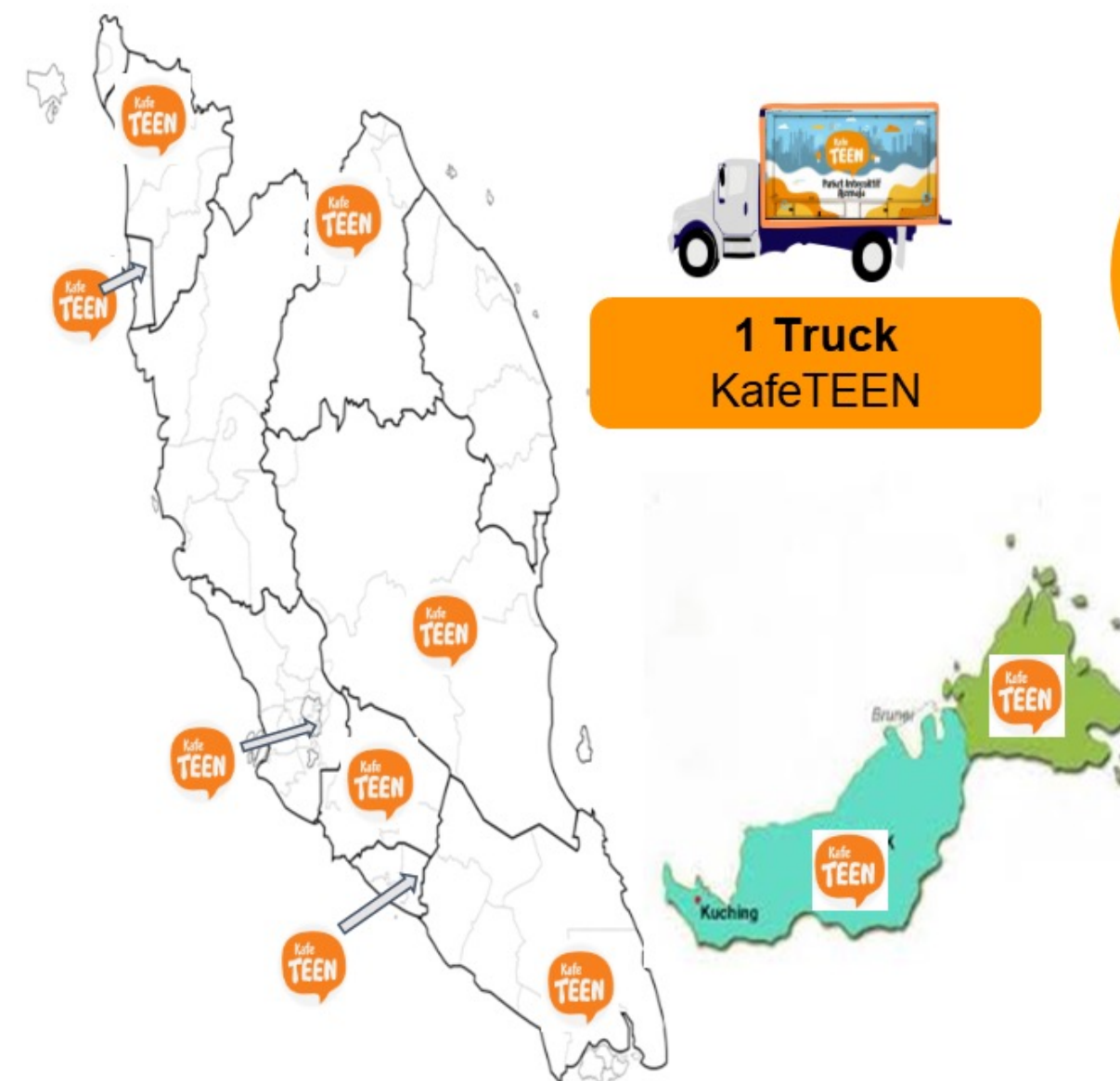
2 Counselling and clinical consultation services related to SRH.



3 Utilising social media and youth friendly platforms.



KafeTEEN Youth Centres in Malaysia



1 Truck
KafeTEEN

18
Centres

02 - PROGRAM BRIEF

- KafeTEEN Youth Centres is targetted for young people age 13 to 24 years old.
- The centres are operated by team of Counselor and Teen Educators.
- KafeTEEN Teen Educators are trained using SRH Modules which are adaptable to Malaysia religious and cultural diversity to be implemented during KafeTEEN programs.
- Teen Educators act as **KafeTEEN role models or peer educators** for youth and they carry out day-to-day programs.

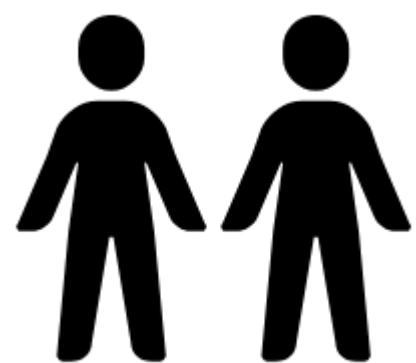
Mechanism of SRHE delivery

- **TEEN Talk:** Big group lectures which is usually carried out in schools.
- **TEEN Chat:** Small group discussion and activities according to the SRH Modules.
- **Social Counselling** with counsellors.
- **Clinical SRH Consultation** with healthcare providers.
- **Social media and online postings.**



03 - ACHIEVEMENTS

KAFETEEN PROGRAMS AND SERVICES (2006 - 2023)



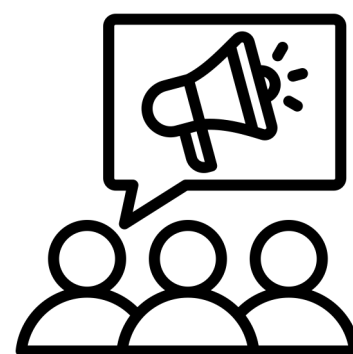
134,221

Youth joined as
SAHABAT



950,330

Youth benefitted
Education and Skills
Building Activities



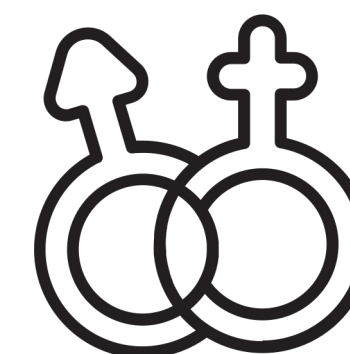
1,108,126

Youth benefitted
SRH Advocacy
Programs



20,924

Youth benefitted
Social Counselling
sessions



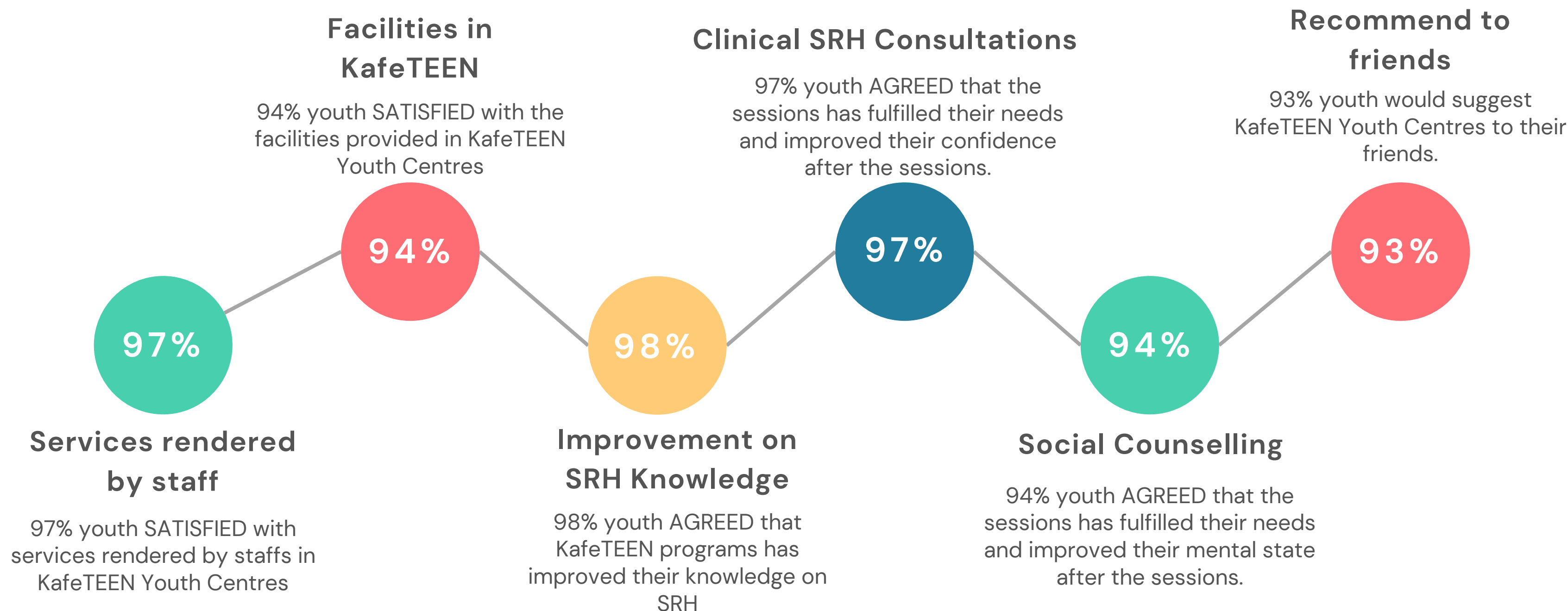
38,856

Youth benefitted
Clinical SRH
Consultation
sessions



04 - EVALUATIONS

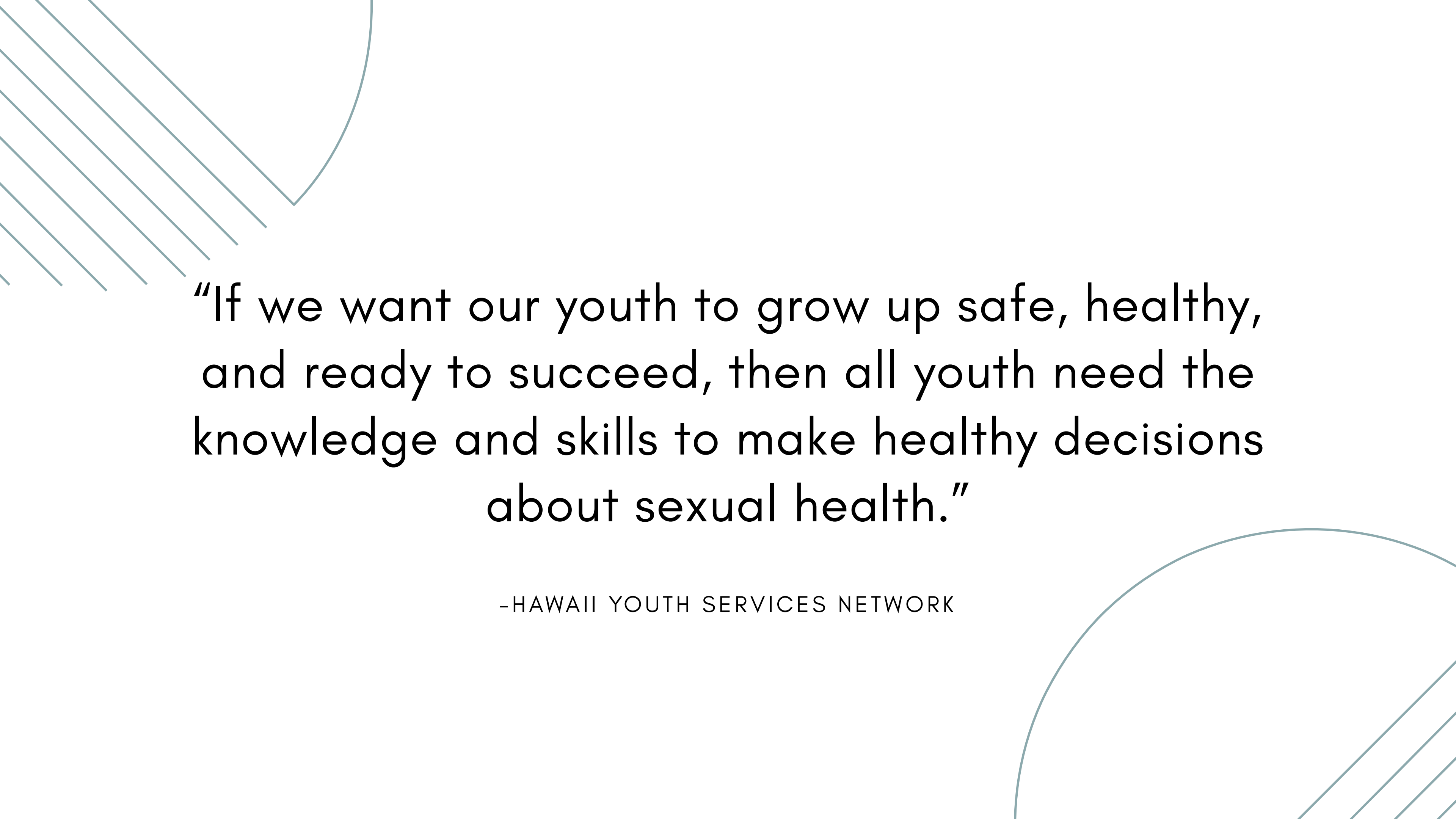
Primary data, n = 153 youths



05 - WAY FORWARD

- With the advancement of technology, the adaptation of KafeTEEN services and programs into mobile applications apart from physical centres is seen as relevant.
- KafeTEEN Mobile Application highlights:
 - **TEEN Info:** Articles, infographics and contents related to SRH, adolescents and mental health.
 - **TEEN Chat:** Personalized and confidential chat between youths and expert panels of health care providers, counsellors and religious leaders.
 - **TEEN Activities:** Updates on KafeTEEN Youth Centres weekly activities to attract participations.





“If we want our youth to grow up safe, healthy,
and ready to succeed, then all youth need the
knowledge and skills to make healthy decisions
about sexual health.”

-HAWAII YOUTH SERVICES NETWORK

THANK YOU

Website: www.lppkn.gov.my

